

WINGRAVE

VETERINARY SURGERIES NEWS

Parasite Alert!



Everyone loves the summer – us, our pets and, unfortunately, the pesky parasites that live on them!



Fleas: The balmy weather allows fleas to breed both inside and outside our houses. Pets who hunt are at particular risk because the fleas will be alive and well in large numbers on their prey. Fleas also carry worms, so always de-worm and de-flea pets at the same time. There are now several combination products on the market.



Ticks are particularly numerous on moors and scrubland or where there are lots of sheep. They are most often found attached to the head and neck of pets and look like small, grey warts or peas. If you find a tick, it is best removed with a specially designed tick remover, using a twisting action to remove them. Spot-ons, collars and tablets are all available to kill, and in some cases, repel ticks.

Harvest Mites are a late-Summer and Autumn problem. The mites tend to attach themselves to our pets' paws and ear flaps and can make them very itchy. They are visible to the naked eye as tiny orange specks on the skin but they can be difficult to spot. Treatment is with a flea spray, rather than a spot-on medication.

Scabies is a relatively common problem in dogs – especially if they enjoy exploring fox holes or rolling in fox faeces. The mite burrows in the skin and causes an extremely itchy rash. It can be treated and prevented using veterinary medications.

If you have any questions about parasites and how to treat and prevent them in your pets, we are happy to help – please ask a member of our team.

Nurse Appointments - Here to Help!

Got a question, need some help or advice? Book a free nurse clinic appointment today!

Our experienced and dedicated team of veterinary nurses are here to help you care for your pets by offering qualified Vet Nurse Clinic appointments at all of our surgeries throughout the day. These clinics are free of charge unless a minor procedure is required such as nail clipping. If medications, food or flea and worm treatments are required the usual dispensing cost for these will apply.

These appointments are an excellent opportunity to talk to the nurses about any routine pet care concerns, including:

- **Puppy and kitten progress checks:** Our nurses can offer free advice on how to choose a puppy or kitten to suit your needs and help monitor their weight and progress through those early months.
- **Adolescent Clinics:** Between six and eighteen months your pet makes the transition from puppy or kitten to adult. Our nurses can discuss some of the important changes you need to make



such as to diet, exercise, socialisation and training.

- **Geriatric pet advice:** As animals get older it is not uncommon for age related conditions to develop. If you have any concerns our nurses are happy to have an initial chat with you.
 - **Weight management and nutrition advice:** Our nurses will be happy to advise you on the optimum weight for your pet and what type of food your pet should be eating. Being overweight increases the risk of arthritis, diabetes, heart disease and breathing problems. The nurses can provide support through a weight loss program where indicated.
 - **Dental care advice:** Our veterinary nurses can help you by demonstrating preventative pet dental care such as tooth brushing, enzymatic toothpastes, supplements, dental foods, dental chews and toys.
 - **Checking for fleas** and administering worming tablets
 - **Therapeutic grooming** • **Ear cleaning**
 - **Nail clipping** • **Administering medication**
- Call your local Wingrave branch today to book an appointment or for further information.

Meet the team: Liz Stenson



Liz gained the RCVS certificate in Small Animal Medicine in 2010 and is an RCVS

Advanced Practitioner in Small Animal Medicine. She worked in a busy 20 vet practice in her home town of Birmingham for 11 years and joined Wingrave Vets in August 2014. While she enjoys all aspects of general practice work her passions are feline and canine medicine, diagnostic imaging and cardiology. Liz makes full use of the state of the art diagnostic facilities at the Sutton surgery undertaking most of the more complex ultrasonography, echocardiography and endoscopy work for the practice.

Liz's Fun Facts:

1. Favourite childhood animal character: Minnie Mouse
2. Favourite animal based program: The Littlest Hobo
3. Dream animal based day: Painting lions in the Serengeti would be amazing.
4. Who would play you in a movie about your life: Jennifer Aniston – my boyfriend would really like to meet her!
5. What is your favourite thing about being a vet: getting to know an animal and looking after it through its life.
6. Most unusual veterinary case to date: Treating a skunk with fatty changes in her liver – I learnt they really are just like cats but in a fancy fur coat.
7. Favourite breed of dog/cat: Nothing beats a black male moggy cat!
8. If you were an animal what would you be: a Polar Bear – I'd love to play in the snow all day!



Sutton Surgery: Tel: 020 8642 9100 • Chipstead Surgery: Tel: 01737 558133
Epsom Surgery: Tel: 01372 720066 • Horton Surgery: Tel: 01372 741598
Email: enquiries@wingravevets.com • www.wingravevets.com



Dry itchy eyes?



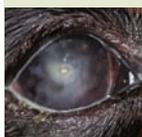
Did you know that keratoconjunctivitis sicca, commonly referred to as “Dry Eye”, is one of the most common eye problems in dogs. Dry Eye affects 1 in 22 of all dogs in recent surveys.

In most cases, Dry Eye is caused by destruction of the tear glands by your dog’s own immune system, leading to partial or total loss of tear production.

Tears play a key role in keeping eyes healthy. They lubricate and cleanse the eyes, carry vital nutrients and oxygen to the surface of the eye and help protect against infection. Healthy eyes are bright and clear (see photo left).



Healthy eye



Severely affected case of dry eye

Without tears, the eyes will become progressively more dry and uncomfortable (see lower photo). However Dry Eye has a very variable appearance, with some pets’ eyes appearing relatively normal *despite* little or no measurable tear production.

Happily there is a quick and simple test to diagnose Dry Eye in your dog. Better still, medication for Dry Eye, usually in the form of an ointment, can improve tear production and reverse many of the signs of Dry Eye, maintaining vision and keeping pets comfortable. So, if your pet has any of these symptoms, let us know since the earlier the problem is diagnosed and treatment started, the better the long term outlook for affected pets.

Watch out, the sun’s about!

Finally, the summer is here! Most of us, and our pets, love the warmer weather but it brings with it its own particular set of challenges and potential problems. Here are a few tips to keep your pet fit and well at this time of year:

Heat Stroke is an extremely serious problem and can even be fatal. Although all dogs are at risk, the shorter faced breeds, like Staffies, Pugs and Bulldogs are most vulnerable, and the danger is even greater if they are overweight. To prevent problems, avoid exercising your pets in the midday heat and make sure they don’t over-exert themselves at any time. If you become worried, move them to a cool, shaded place, give them lots to drink and call us immediately.



Slip, slap, slop! Most cats are real sun worshippers, which doesn’t tend to be a problem unless they have white ears or noses. These areas are vulnerable to sun burn because the hair is so thin, which is painful in itself but can also trigger skin cancers (see photo right). To protect your pet, apply high factor waterproof sun lotion to their ears and noses. This is sometimes easier said than done but there are pet specific products out there to help you.

Grass seeds are another summer problem – the grass awns of the meadow grasses are easily trapped in the coats of pets, especially dogs. They then migrate and become lodged in a variety of places including the ears and between the toes. It is always a good idea to groom your pets regularly, and especially after walks, to keep a close eye out for grass seeds.

BBQ Beware! Lovely weather and longer evenings mean lots of people break out the barbecue, and dogs often have a great time hoovering up the left-overs! This can cause tummy upsets, but more seriously, if anything like bones, kebab sticks and sweetcorn cobs are snaffled, they can lead to serious blockages requiring life saving surgery to remove. So keep your pets away from the barbecue!

Itch alert! For sensitive dogs with allergies, the flowers and grasses that thrive in the summer months can cause real problems. Dogs will often break out with nasty skin rashes, especially on the feet, tummy and ears. If your pet is affected, please come and see us for a check-up as there are usually treatments we can give them to improve the situation. Also – don’t forget to keep up to date with anti-parasite treatment, since fleas can be a big cause of itching!

So – enjoy the summer months, have fun and keep your pets safe. We are here to help, so if you would like any further information on summer hazards, please just ask a member of staff.



Ear tip of a cat showing cancerous changes – note the reddening of the skin. If your pet is showing signs of skin changes on their nose or ears, please call us.



Grass awns of the summer grasses are a perennial hazard

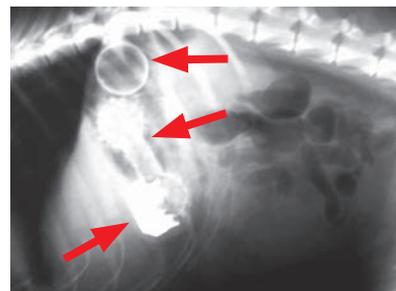
Better safe than sorry! Is your pet insured?

Did you know that you are more likely to claim on your pet insurance than either your house or car policies? The good news is that the majority of policies represent very good value for money and can take a great weight off your mind if you are faced with large vet bills.

There are several different kinds of policies; ‘12 month’ ones will only cover a condition for the first year after diagnosis, whereas ‘life long’ will continue to pay for treatment for as long as is necessary. Some will pay up to a certain amount per condition, whereas others are unlimited. So you really need to understand the policy before taking it out!

On a daily basis we see the heart wrenching decisions some of our clients face regarding the treatment of their pets, but with appropriate pet insurance, we can hopefully ensure that any treatment decisions are made on the basis of need rather than cost.

Don’t take any chances – make sure you get your pet insured today!



Case Study: Harry needed veterinary treatment because he had been vomiting, refusing food and was generally miserable. X-rays showed that Harry had been treating his toys as after-dinner snacks! Harry needed an operation to remove the toys – happily the bill was covered by Harry’s pet insurance!